

## CUMBERLAND/PERRY COUNTY CHILDRENS' SERVICES PROVIDERS

FOR COMPLETE LISTINGS OF CONTRACTED RTF AND MH IP PROVIDERS AS WELL AS OTHER SERVICES NOT LISTED IN YOUR COUNTY, PLEASE CONTACT YOUR PROVIDER RELATIONS REPRESENTATIVE OR A MEMBER SERVICES SPECIALIST AT 1-888-700-7370

ALL TREATMENT DECISIONS MUST BE MADE IN ACCORDANCE TO CASSP PRINCIPLES LOCATED AT THE END OF THIS DOCUMENT. PLEASE NOTE THAT WHEN CONSIDERING ANY OF THE FOLLOWING SERVICES, UNDERSTAND THAT THERE IS SPECIFIC MEDICAL NECESSITY REQUIREMENTS FOR EACH SERVICE. IF YOU HAVE ANY QUESTIONS PLEASE REFER TO APPENDIX T. <http://www.dpw.state.pa.us/omap/rfp/nebh/nebhT.pdf>

### Level of Care: Mental Health Outpatient

Services and treatment approaches include diagnostic testing, crisis intervention services, behavior therapy, individual, group and family psychotherapy, medication, and similar services. The child should be able to maintain sufficient stability in his/her existing support network to be treated effectively within the hours of outpatient treatment prescribed in the treatment plan. (Excerpted from Appendix T Part B(1)). Service is office based.

Provider	Address	Phone	Other Pertinent Information
Adams Hanover Counseling Services, Inc.	5351 C Jaycee Avenue, Suite 1, Harrisburg, PA 17112	717-657-2080 717-657-2290 (fax)	
Behavioral Healthcare Consultants, PC	1013 Mumma Rd, Lemoyne, PA 17043	717-730-2090	
Diakon Family Life Services	960 Century Dr., Mechanicsburg, PA 17055	717-795-0330	
Franklin Family Services	800 Belvedere St. Carlisle PA 17013	717-243-6500	
Holy Spirit Hospital- Behavioral Health	503 North 21st St., Camp Hill, PA 17011	717-763-2219	
Holy Spirit Hospital- Behavioral Health	3 Flowers Drive, Mechanicsburg, PA 17050		Only Children seen at this office
Mock-Mays Associates	47 West Pomfret St., Carlisle, PA 17013	717-258-0214	
Newport Counseling Services	38 North 2nd St. Newport, PA 17074	717-567-3524	
Pennsylvania Counseling Services	1 Greystone Rd. Carlisle, PA 17013	717-245-9255	all satellite offices available at <a href="http://www.cbhnp.org">www.cbhnp.org</a>
Steven Center-Northwestern Human Services	33 State Ave., Carlisle, PA 17013	717-243-6033	all satellite offices available at <a href="http://www.cbhnp.org">www.cbhnp.org</a>
Melanie DeMartyn, M.A., ATR-BC, LPC	220 Cumberland Park Way, Suite 5, Mechanicsburg, PA 17055	717-795-2166	Board Certified Art Therapist
Roger B. Kelly, M.A.	5006 Lenker Street, Mechanicsburg, PA 17050	717-730-0733	
Allied Behavioral Clinicians	1229 Scenery Drive, Mechanicsburg, PA 17050	717-796-6550	
Center for Family Attachment and Healing	Camp Hill, PA	717-856-1750	Attachment and trauma-focused therapy.
Good Hope Psychotherapist	1035 Mumma Road, Wormleysburg, PA 17043	717-975-5525	

Dr. Bernadette Cachara-Cumberland	Manito, 1710 Ritner Highway, Suite 5, Carlisle, PA 17013	717-243-1326	
Dr. Bernadette Cachara-Perry	Manito, 217 S. Carlisle Street, New Bloomfield, PA 17068	717-582-9922	
Kenneth G. Small and Associates	410 East Main Street, Mechanicsburg, PA 17055	717-795-8588	

#### Level of Care: Mental Health Outpatient-School Based

Services and treatment approaches include behavior therapy, individual and group psychotherapy. The child should be able to maintain sufficient stability in his/her existing support network to be treated effectively within the hours of outpatient treatment prescribed in the treatment plan. (Excerpted from Appendix T Part B(1)). This service is provided in a school setting as opposed to a mental health office.

Provider	Address	Phone	Other Pertinent Information
Adams Hanover Counseling	5351 C Jaycee Avenue, Suite 1, Harrisburg, PA 17112	717-657-2080 717-657-2290 (fax)	Contact provider to see if they operate within your local school district.
Bernadette Cachara (Laurel Life Services)	426 Phoenix Drive, Chambersburg, PA 17201		Contact provider to see if they operate within your local school district.
Diakon Family Life Services	960 Century Drive, P.O. Box 2001 Mechanicsburg, PA 17055	717-795-0330	Contact provider to see if they operate within your local school district.
Holy Spirit Hospital Behavioral Health Services	503 North 21st Street, Camp Hill, PA 17011	717-763-3033 or 717-972-4277	Contact provider to see if they operate within your local school district.
Newport Counseling	38 North 2nd Street, Newport, PA 17074	717-567-3524	Contact provider to see if they operate within your local school district.
Pennsylvania Counseling Services	1 Greystone Rd. Carlisle, PA17013	717-245-9255	Contact provider to see if they operate within your local school district.
Tara Beth Louchery (Laurel Life Services)	426 Phoenix Drive, Chambersburg, PA 17201	717-261-9833	Contact provider to see if they operate within your local school district.

#### Level of Care: Music Therapy

Music therapy is an evidence-based practice that uses music as a clinical intervention to help individuals reach therapeutic goals. The therapist uses music to help clients improve or maintain their mental and/or physical health. The client's needs are addressed directly through music and/or they are addressed through the relationships that develop between the client and therapist. Music therapists are credentialed professionals who have completed an approved music therapy program (Excerpted from the American Music Therapy Association website <http://www.musictherapy.org/>)

Provider	Address	Phone	Other Pertinent Information
Living Unlimited, Inc.	4601 Locust Lane, Suite 202, Harrisburg, PA 17109	717-526-2111	

#### Level of Care: After School Program

After school programs are available to children under the age of 21 with serious emotional disturbances based on individual needs of the child and medical necessity. This is a group setting that provides social and recreational therapy after school hours within the school year. Can extend into the summer with modified hours. In addition to criteria defined in the service description, a child must meet MNC Criteria for Children's Services in Appendix T Part B.

Provider	Address	Phone	Other Pertinent Information
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Stevens Center--Northwestern Human Services Stepping Stones Program	132 E. Main St. Mechanicsburg, PA 17055	717-418-4101	Program for children with Autism Spectrum Disorders. Contact CBHNP or Stevens Center for further information regarding this program and making a referral.
Philhaven	2717 North Front Street, Harrisburg, PA 17110	717-230-9622, x4036 717-230-9627 (fax)	Parent transportation or MATP transportation required.

#### Level of Care: Targeted Case Management (MH ICM/RC)

Case management services are available to Members who meet medical necessity. Services vary in intensity but are designed to assist targeted adults with serious and persistent mental illness and targeted children with serious mental illness or emotional disorder and their families, to gain access to needed resources such as medical, social, educational and other services. (See Title 55 Chapter 5221 - ICM; OMH-93-09 - RC; OMHSAS-09-02 - Blended)

Provider	Address	Phone	Other Pertinent Information
Holy Spirit Hospital-Behavioral Health Services	210 Senate Ave., Camp Hill, PA 17011	717-763-3008	
Steven Center-Northwestern Human Services	33 State Ave., Carlisle, PA 17013	717-243-6033	

#### Level of Care: Behavioral Health Rehabilitation Services (BHRS- TSS, MT, BSC)

TSS/MT and/or BSC are available to children and adolescents up to age 21 who meet medical necessity requirements. The services are provided for the purpose of improving and developing the capacity of the treated child or adolescent, and the family, thereby contributing toward the independence of the family as a unit. The needed services will vary according to severity of the child's problems and the richness of the resources of the child, the family, and the community (excerpted from Appendix T part B(2)).

Provider	Address	Phone	Other Pertinent Information
Franklin Family Services	800 Belvedere St. Carlisle PA 17013	717-243-6500	
Laurel Life Services (formerly Manito, Inc)	1710 Ritner Highway, Carlisle, PA 17013 217 S. Carlisle St., New Bloomfield, PA 17068	717-243-1326-C 717-582-9922-NB	
New Story (formerly Milestones)	2700 Commerce Drive, Harrisburg, PA 17110	717-901-9906 717-651-0017 (fax)	Serves children with ASD diagnosis.
Pennsylvania Counseling Services	1 Greystone Rd. Carlisle, PA17013	717-243-7534	
Steven Center-Northwestern Human Services	33 State Ave., Carlisle, PA 17013	717-243-6033	
Adams Hanover Counseling	5351 C. Jaycee Ave. Harrisburg, PA 17112	717-657-2080	
Keystone	3700 Vartan Way, Harrisburg, PA 17110	717-541-9620	
Philhaven	2717 N. Front St. Harrisburg, PA 17110	717-230-9622	
TW Ponessa	2451 N. 3rd. St. Harrisburg, PA 17110	717-561-0456	
University Community Behavioral Health	The Meadows of Chambersburg, Chambersburg, PA	717-262-2940	Shippensburg Only
Youth Advocate Programs	2030 N. 3rd. St. Harrisburg, PA 17102	717-232-3150	

#### Level of Care: Summer Therapeutic Activity Program (STAP)

Summer therapeutic activities programs (STAP) are available to children under the age of 21 with serious emotional disturbances based on individual needs of the child and medical necessity. STAP provides a wide range of age appropriate specialized therapies (defined as art, music, dance, movement, play, recreational or occupational therapies which require qualified staff and/or therapeutic activities (group, interpersonal relationships, daily living skills, decision-making, problem - solving and coping skills). (Excerpted from Bulletin 50-96-03). Programs and target populations vary from provider to provider. In addition to criteria defined in the service description, a child must meet MNC Criteria for Children's Services in Appendix T Part B.

Provider	Address	Phone	Other Pertinent Information
Adams Hanover Counseling	5351 C Jaycee Avenue, Suite 1, Harrisburg, PA 17112	717-293-5104	
Keystone Children and Family Services	3700 Vartan Way, Harrisburg, PA 17110	717-541-9620 717-541-8108 (fax)	Cumberland only, not Perry.
Laurel Life Services (formerly Manito, Inc)	Cumberland County Center, 898 Waggoners Gap Road, Carlisle, PA 17013	717-243-1326	
New Story (formerly Milestones)	2700 Commerce Drive, Harrisburg, PA 17110	717-901-9906 717-651-0017 (fax)	
Northwestern Human Services-Edgewater	2101 North Front Street, Bldg. 1, Suite 104, Harrisburg, PA 17104	717-238-1565 717-238-1517 (fax)	
The Vista School	1249 Cocoa Avenue, Hershey, PA 17033	717-835-0310 717-835-0314 (fax)	

#### Level of Care: MultiSystemic Therapy (MST) (Not a County MH-funded service)

Family and community based treatment model that addresses the mental and behavioral health needs of youth aged 12 to 17 through utilization of a highly intensive clinical model. All interventions are evidence-based practices that create the increased likelihood of sustainable changes throughout the family system. MST also empowers the parents (caregivers) with the skills and resources need to become independent in addressing the difficulties that arise in raising adolescents and to assist youth in developing coping skills.

Provider	Address	Phone	Other Pertinent Information
Hempfield Behavioral Health	251 Wiconisco Street, Harrisburg, PA 17110	1-866-829-1154 717-221-8006 (fax)	
Adelphoi Village	444 Lincoln Way East, New Oxford, PA 17350	717-624-3919	Cumberland County Only

#### Level of Care: Specialized In-Home Treatment Program (SPIN)

Specialized in-home program to reduce sexual victimization by providing treatment services to youth who show sexualized behaviors and/or who are sexual perpetrators. The treatment team also provides education and support to family members to increase the level of support the child/adolescent receives (Excerpted from OMHSAS approved service description). In addition to criteria defined in the service description, a child must meet MNC Criteria for Children's Services in Appendix T Part B.

Provider	Address	Phone	Other Pertinent Information
Diakon family Life Services	960 Century Drive, Mechanicsburg, PA 17055	717-795-0330 717-795-0407 (fax)	

#### Level of Care: Multidisciplinary Treatment Foster Care (MTFC)--Cumberland County Only

The primary goal of MTFC is to provide an alternative to custodial or residential care for troubled youth, having a history of disrupted care. MTFC provides adolescents with close supervision and monitoring, fair and consistent limits and consequences, a mentoring relationship with at least one positive adult, and a reduction in association with a delinquent peer group. The child or adolescent is placed in a private home where they work with treatment parents. The MTFC model uses a behaviorally based social learning theory approach, emphasizing positive reinforcement and encouragement to coach and support each youth in developing the individual skills necessary to achieve healthy adaptive behavior, improve family functioning, increase educational attainment and achieve more positive life outcomes across multiple contexts. All youth actively contribute to the development of his or her treatment goals. MTFC can also be used as a step-down from an institutional/custodial setting to reintegrate the youth into a community based setting. Program serves youth aged 12 to 17. Youth must be involved with county CYS and/or JPO offices. (excerpted from OMHSAS approved service description). In addition to criteria defined in the service description, a child must meet MNC Criteria for Children's Services in Appendix T Part B.

Provider	Address	Phone	Other Pertinent Information
Children's Home of Reading	4819 Trindle Rd., Mechanicsburg, PA 17055	717-635-8002	

#### Level of Care: Family Preservation Program

Intensive, family based service designed to help prevent the out-of-home placement of children/adolescents. (Excerpted from the OMHSAS approved service description). In addition to criteria defined in the service description, a child must meet MNC Criteria for Children's Services in Appendix T Part B.

Provider	Address	Phone	Other Pertinent Information
Pressley Ridge	331 Bridge Street, New Cumberland, PA 17070	717-774-3891	

#### Level Of Care: Educationally Integrated Behavioral Support Program

This is a school for children/adolescents diagnosed with Autism. Services include behavioral support, occupational/speech/physical therapy as well as educational elements. Staff are trained in the theories and principals of Applied Behavioral Analysis. MNC is determined by using a matrix approved by OMHSAS. MNC for this program looks at four categories. The categories are: 1. Challenging or problematic Behavior, 2. Independent Functioning in Age/Context Appropriate Routines, 3. Group Functioning, and 4. Interpersonal and Social Skills.

Provider	Address	Phone	Other Pertinent Information
The Vista School	1249 Cocoa Avenue, Hershey, PA 17033	717-835-0310 717-835-0314 (fax)	

#### Level of Care: Autism Services (Additional services/support may be available through BHRS.)

Provider	Address	Phone	Other Pertinent Information
Center for Autism and Developmental Disabilities--Philhaven	1886 Rohrerstown Road, Lancaster, PA 17601	1-877-203-2233 or 717-735-1920 717-735-1921 (fax)	Provides evaluations/treatment
ASERT Resource Center (non-MA funded)	Central PA Regional Autism Partnership Comprised of: Penn State College of Medicine Philhaven The Vista Foundation	1-877-231-4244	A resource center designed to improve the quality of life for people living with ASD throughout Central Pennsylvania by providing responsive, meaningful, "real-world" help for them, their families, and their communities
New Story (non-MA funded)	2700 Commerce Drive, Harrisburg, PA 17110	717-901-9906 717-651-0017 (fax)	Serves children with ASD diagnosis.

Northwestern Human Services (non-MA funded)	898 Waggoners Gap Rd., Carlisle, PA 17013	717-249-4525 717-249-5756 (fax)	School for children with an ASD

#### Level of Care: Developmental Behavioral Intervention (DBI)

Similar to the services provided in a BHRS program. This program designed to meet the needs of children over the age of 3 who have behavioral and developmental challenges. Children typically have a diagnosis of autism or another mental health diagnosis. Staff members are trained/skilled in providing developmental services to young children and are certified by the Department of Education (Excerpted from OMHSAS approved service description). In addition to criteria defined in the service description, a child must meet MNC Criteria for Children's Services in Appendix T Part B.

Provider	Address	Phone	Other Pertinent Information
Keystone Children and Family Services	3700 Vartan Way, Harrisburg, PA 17110	717-541-9620 717-541-8108 (fax)	Serves children with ASD diagnosis.

#### Level of Care: Family Based Mental Health Services (FBMHS)

FBMHS is a discrete service provided by a team composed of either two child mental health professionals or one child mental health professional and a child mental health worker, which is comprehensive in scope, incorporating intensive home therapy, casework services, family support services and 24/7 availability for crisis stabilization. (Excerpted from MNC Document Appendix T Part B(3))

Provider	Address	Phone	Other Pertinent Information
Diakon Family Life Services	960 Century Dr., Mechanicsburg, PA 17055	717-795-0330	
Pennsylvania Counseling Services	1 Greystone Rd. Carlisle, PA 17013	717-243-7534	
Steven Center-Northwestern Human Services	33 State Ave., Carlisle, PA 17013	717-243-6033	
Catholic Charities of the Capital Region	806 A South 29th St. Harrisburg, PA 17111	717-564-9450	
Keystone	3700 Vartan Way, Harrisburg, PA 17110	717-671-7898	
Franklin Family Services	800 Belvedere Street, Carlisle, PA 17013	717-243-6500	

#### Level of Care: Community Residential Rehabilitation Host Home (CRR-HH)

A host home for children is a private family residence, other than the home of the child's parents, with whom the CRR Host Home Provider contracts to provide a structured living arrangement for one to three children (from 5310.6 definitions). Host home parents provide assistance with school work and school related activities, provide social and recreational activities, offer family support and training services which will allow the parent(s)/primary caregiver(s) of the child to identify social emotional needs of the child, use of appropriate strategies in meeting the child's needs and development of family interpersonal relationships. The goal of CRR Host Home is for the child to return to his/her family if this has been identified as a goal of the rehabilitative program (from 5310.121). The host home family will assure the child receives all necessary treatment while under their care. Children must meet MNC Criteria for Children's Services in Appendix T Part B. Numerous options exist across the state.

Provider	Address	Phone	Other Pertinent Information
Community Services Group, Inc. Chariots Program	2330 Vartan Way, Suite 204, Harrisburg, PA 17110	717-920-9434 or 1-800-835-8821	No county contract for this service.
Keystone Children and Family Services	3700 Vartan Way, Harrisburg, PA 17110	717-541-9620 717-541-8108 (fax)	No county contract for this service.
Northwestern Human Services	2101 North Front Street, Bldg. 3, 3rd Floor, Harrisburg, PA 1	717-236-7357	No county contract for this service.

Pennsylvania MENTOR	2090 Linglestown Road, Suite 203, Harrisburg, PA 17110	717-657-2073 717-657-3804 (fax)	No county contract for this service.
Kidspace National Centers	764 Corporate Circle, Ste 600, New Cumberland, PA 17070	717-770-1364 717-770-1368 (fax)	

#### Level of Care: Partial Hospitalization

Partial hospitalization lies between the most restrictive and community based levels of care. A partial hospitalization treatment program offers a wide range of treatment in a setting segregated from the child's natural setting for part of the day. Effective treatment and stabilization of the child must be possible within the partial hospital program hours prescribed in the treatment plan. Partial hospitalization provides an opportunity to observe the child's behavior and the effects of treatment, designed for the effective reintegration of the child into the community. Partial programs are required to offer individual, group and family therapy as well as other services as required 3-5 days per week up to 6 hours a day. Member must meet MNC Criteria per Appendix T Part A. (Excerpted from Appendix T Part A).

Provider	Address	Phone	Other Pertinent Information
Capital Area Intermediate Unit 15	55 Miller St. Summerdale, PA 17093 405 East Winding Hill Road, Mechanicsburg, PA 17050	717-732-8400 717-783-8484	School and Center based partial hospitalization services for children and adolescents in Dauphin, Cumberland and Perry county school districts.
Pinnacle Health Behavioral Services	207 South Front Street, Harrisburg, PA 17101	717-221-6200	
The Meadows Psychiatric Center	144 South 8th Street, Chambersburg, PA 17201	717-263-8271	

#### Level Of Care: Crisis Intervention

Crisis intervention services may be accessed 24/7 via hotline. Services also include walk-in crisis which is face to face, and mobile crisis services which may be delivered by an individual or a team at a location in the community. (Excerpted from Bulletin OMH-92-16).

Provider	Address	Phone	Other Pertinent Information
Holy Spirit Hospital	503 North 21st Street, Camp Hill, PA 17011	717-763-2222	Has a mobile crisis response team.
Carlisle Regional Hospital	45 Spring Drive, Carlisle, PA 17013	717-243-6005	
National Hotline		1-866-350-HELP	

#### Level Of Care: Inpatient

Provides the most restrictive level of care. The setting is locked and highly focused toward delivery of intensive, short term treatment. It serves as an appropriate placement for children expressing the sudden onset of acute symptoms, and/or requiring treatment which cannot be managed outside of a 24 hour, secure setting. (Excerpted from Appendix T Part A). Numerous options exist across the state but the option noted below are most local.

Provider	Address	Phone	Other Pertinent Information
Pennsylvania Psychiatric Institute (PPI)	2501 N. Third Street, Harrisburg, PA 17110	717-782-6420 717-782-6423 (fax)	Ask for Intake Coordinator
Philhaven	283 South Butler Road, P.O. Box 550, Mt. Gretna, PA 17064	717-270-2904 717-279-2763 (fax)	Ask for Access Center



Chambersburg Hospital	112 North 7th Street, Chambersburg, PA 17201	717-267-7771	Unit is for adult consumers. Older adolescents are admitted on a case-by-base basis.
The Meadows Psychiatric Center	132 The Meadows Drive, Centre Hall, PA 16828	814-364-2161	

#### Level of Care: Residential Treatment

Residential Treatment facilities provide a stable, open, community living setting for the delivery of comprehensive mental health treatment with 24 hour monitoring and a strong supportive environment from which the child is able to reenter the community. This is a longer term treatment option for children who require the comprehensive treatment and professional support of this setting. Children must meet MNC Criteria from Appendix T Part B(1) for RTF. Numerous options exist across the state.

Provider	Address	Phone	Other Pertinent Information
***Please call Member Services or check <a href="http://www.cbhnp.org">www.cbhnp.org</a> for a complete listing of all Residential Treatment Providers.			

#### Level of Care: Clozaril Support Services

This outpatient service is provided by a psychiatrist or nurse on an outpatient basis. The mental health professional meets with the patient to review how he or she is doing if they are taking the medication Clozaril. Clozapine or Clozaril is a medication that is commonly used to treat people that are diagnosed with Schizophrenia (Excerpted from CBHNP website <http://www.cbhnp.org/hclistservices.aspx>).

Provider	Address	Phone	Other Pertinent Information
Stevens Center-Northwestern Human Services	33 State Ave., Carlisle, PA 17013	717-243-6033	

### CUMBERLAND/PERRY COUNTY D&A SERVICES

#### Level of Care: Substance Abuse Out Patient

Office based therapy weekly or bi-weekly-individual, family, or group therapy. Drug & Alcohol OP is no more than 5 hrs/wk. MNC is determined through the ASAM.

Provider	Address	Phone	Other Pertinent Information
Diakon Family Life Services	960 Century Dr., Mechanicsburg, PA 17055	717-795-0330	
Gaudenzia, Inc.	4740 Delbrook Rd. Mechanicsburg, PA 17050	717-766-8517	all satellite offices available at <a href="http://www.cbhnp.org">www.cbhnp.org</a>
Pennsylvania Counseling Services	1 Greystone Rd. Carlisle, PA 17013	717-245-9255	
Perry Human Services	8391 Spring St. Mulhollem Office Center, New Bloomfield, PA 17068	717-582-8703	
Roxbury	601 Roxbury Road, Shippensburg, PA 17257	1-800-648-HOPE	For Carlisle only
Steven Center-Northwestern Human Services	33 State Ave., Carlisle, PA 17013	717-243-6033	



#### Level of Care: Substance Abuse Intensive Out Patient

SA IOP is comprised of regularly scheduled session at least 3 days per week for 5 to 10 hours per week. Office based therapy more than one time per week. Individual, family and/or group. MNC is determined through the ASAM. (Excerpted from BDAP Facilities and Services Guide 2007).

Provider	Address	Phone	Other Pertinent Information
Gaudenzia, Inc.	60 W. Penn St., Carlisle, PA 17013	800-725-5453	Various locations can be found on web

#### Level of Care: Substance Abuse ICM/RC

Case management services vary in intensity (ICM/RC) but are individualized services targeted to persons with addictive disorders who have multiple and complex needs. The purpose is to provide support, advocacy and assistance in accessing needed services and resources. Activities include assessment, service planning, linking client to services, monitoring participation in services and assisting the person to develop a positive support network. (Source: Supplemental Service Description - Technical Assistance Manual July 2003). MNC is determined through the ASAM.

Provider	Address	Phone	Other Pertinent Information
Cumberland-Perry Drug&Alcohol Commission	16 West High St. Carlisle, PA 17013	717-240-6300	
Holy Spirit Hospital-Behavioral Health Services	210 Senate Ave., Camp Hill, PA 17011	717-763-3008	

### ADDITIONAL INFORMATION/SERVICES (non-MA funded). These services are not affiliated with CBHNP.

#### Level of Care: Early Intervention (non-MA funded)

Interventions/Services provided to young children (birth until 3-years-old) with developmental disabilities and/or other special needs. Services include (but are not limited to) speech therapy, physical therapy, occupational therapy. Services can be provided in the family home, or in an office setting.

Provider	Address	Phone	Other Pertinent Information
Cumberland/Perry MH/MR	16 West High Street, Suite 301, Carlisle, PA 17013	717-240-6320	Ask to speak to the Early Intervention Coordinator.

#### Level of Care: Head Start (non-MA funded)

Similar to pre-school, Head Start is a federally funded program that provides comprehensive education, health, nutrition, and parent involvement services to children and families with a lower-income.

Provider	Address	Phone	Other Pertinent Information
Perry County Head Start	102 Chandra Drive, Duncannon, PA 17020	717-834-4000	Ask to speak to the Director of the Head Start Program.
Shippensburg Head Start Program Cumberland County	Shippensburg University, 1871 Old Main Drive Shippensburg, PA 17257	717-477-1626	Ask to speak to the Director of the Head Start Program.
Capital Area Head Start	21 South Bedford Street, Carlisle, PA 17013	717-258-5559	Ask to speak to the Director of the Head Start Program.

#### Level of Care: Transition Coordinator

The transition coordinator works with youth between the ages of 16 to 22. The transition coordinator works with current team members and to devise an individualized plan that will help the adolescent transition successfully to adult services and will allow them to receive available resources.

Provider	Address	Phone	Other Pertinent Information
Steven Center-Northwestern Human Services	33 State Ave., Carlisle, PA 17013	717-243-6033	

Level of Care: Autism Resources (non-MA funded services)		
Provider	Website or Contact Information	Other Pertinent Information
ASD Hope	P.O. Box 1501, Mechanicsburg, PA 17055 717-732-8400 x 8120 ASDHOPE1@yahoo.com	Informational support group for parents with children diagnosed with an Autism Spectrum Disorder. Providers seminars and packets for new parents.
ABOARD (Advisory Board on Autism and Related Disorders)	<a href="http://www.aboard.org">www.aboard.org</a>	To maximize the potential and possibilities of children, adolescents and adults with autism in PA.
Autism Info	<a href="http://www.autisminfo.com/aboutus.htm">www.autisminfo.com/aboutus.htm</a>	Informational Site dedicated to providing current and useful information on autism
Autism National Committee (AUTCOM)	<a href="http://www.autcom.org/index.html">www.autcom.org/index.html</a>	This is the only autism advocacy organization dedicated to "Social Justice for All Citizens with Autism" through a shared vision and a commitment to positive approaches.
AutismOne	<a href="http://www.autismone.org/topside.cfm?page=2">www.autismone.org/topside.cfm?page=2</a>	Autism One is a nonprofit organization started by a small group of parents of children with autism to address: education, advocacy and fundraising. Home of the AutismOne Radio
Autism Research Institute (ARI)	<a href="http://autism.com/beta.htm">http://autism.com/beta.htm</a>	A non-profit organization devoted to conducting research, and to disseminating the results of research on the triggers of autism and on methods of diagnosing and treating autism.
Autism Link	<a href="http://www.autismlink.com/">http://www.autismlink.com/</a>	Provides information about the legal rights of children with autism.
Autism Society of America (ASA)	<a href="http://www.autism-society.org">www.autism-society.org</a>	Provides advocacy, public awareness, education and research related to autism. 800-3autism for ASA chapter nearest you.
Autism Speaks	<a href="http://www.autismspeaks.org">www.autismspeaks.org</a>	Aims to bring the autism community together as one strong voice to urge the government and private sector to listen to our concerns and take action to address the urgent global health crisis.
Autism Support & Advocacy in PA	<a href="http://www.ucld.org:8080/ucld/public/ucld-service-details.tdf?ServiceID=545&amp;ServiceRequestStatusCode=3">http://www.ucld.org:8080/ucld/public/ucld-service-details.tdf?ServiceID=545&amp;ServiceRequestStatusCode=3</a>	Provides info to and support for individuals with autism and their families form perspectives of inclusion, self-determination and social justice.
Autism Treatment Center of America	<a href="http://www.autismtreatmentcenter.org/index.php">www.autismtreatmentcenter.org/index.php</a>	Worldwide teaching center for <i>The Son-Rise Program</i> , a unique treatment for children & adults challenged by Autism, Autism Spectrum Disorders, Pervasive Developmental Disorder (PDD), Asperger's Syndrome, and other developmental difficulties.
Bureau of Autism Services for PA	<a href="http://www.autisminpa.org">www.autisminpa.org</a>	Secretary of the Dept of Public Welfare for the Commonwealth of PA, established the Autism Taskforce in the summer of 2003 to develop recommendations that will improve the organization.
Child Autism Parent Café	<a href="http://www.child-autism-parent-café.com">www.child-autism-parent-café.com</a>	Excellent site for everyone from Preschool to Adult. This site has information on just about everything a family could need.

Summer Camps and Academic Programs for kids with Asperger's Syndrome	<a href="http://www.yourlittleprofessor.com">www.yourlittleprofessor.com</a>	Here you will find plenty of Asperger's information, tips, video games and articles pertaining to children with Aspergers.
Autism Transition Handbook	<a href="http://www.autismhandbook.org">www.autismhandbook.org</a>	An online resource created by Devereux for families in PA to have access to the most current & comprehensive information on transition services in PA.
LINK	<a href="mailto:link@etown.edu">link@etown.edu</a>	Elizabethtown College links a college student with a child with Autism. The service is free. The amount of time that the LINK person meets with the child is set up with the parents and student. Many LINK students are OT, PT, and speech majors.
Autism New Jersey	<a href="http://www.autismnj.org">www.autismnj.org</a>	nonprofit agency providing information and advocacy, services, family and professional education, and consultation.
Fighting Autism	<a href="http://www.fightingautism.org">www.fightingautism.org</a>	Fostering scientific research to understand the underlying biological conditions of autism spectrum disorders.
More Advanced Individuals with Autism, Asperger's & PDD MAAP	<a href="http://www.maapservices.org">www.maapservices.org</a>	non-profit organization dedicated to providing information and advice to families of more advanced individuals with Autism, Asperger's syndrome, and Pervasive developmental disorder (PDD).
National Autism Association	<a href="http://www.nationalautismassociation.org/index.php">www.nationalautismassociation.org/index.php</a>	Educates and empowers families affected by autism and other neurological disorders, while advocating on behalf of those who cannot fight for their own rights
O.A.S.I.S	<a href="http://www.udel.edu/bkirby/asperger/">www.udel.edu/bkirby/asperger/</a>	Online Aspergers Syndrome Information and Support
Pennsylvania Training & Technical Assistance Network PATTAN	<a href="http://www.pattan.k12.pa.us">www.pattan.k12.pa.us</a>	Provides training on issues and videos related to autism and other disabilities to school districts and preschools.
Special Education in PA Consult Line	<a href="http://www.pde.state.pa.us/special_edu/cwp/view.asp?A=177&amp;Q=61680">www.pde.state.pa.us/special_edu/cwp/view.asp?A=177&amp;Q=61680</a>	Offers help for families and advocates of children with special needs about: Special Education Regulations, School related concerns and procedural safeguards. 1-800-879-2301
TEACCH Treatment & Education of Autistic & Related Communication-handicapped Children	919-966-2174 or <a href="http://www.teacch.com">www.teacch.com</a>	Helps build/design support programs for individual with an ASD diagnosis.
Autism TV	<a href="http://www.up-to-date.com/autism.tv/index.html">http://www.up-to-date.com/autism.tv/index.html</a>	An internet portal for websites containing videos & audio files on Autism.
WrongPlanet.net	<a href="http://www.wrongplanet.net">www.wrongplanet.net</a>	The online resource and community for those with Asperger's syndrome.
Yale Developmental Disabilities Clinic	<a href="http://www.med.yale.edu/chldstdy/autism/">www.med.yale.edu/chldstdy/autism/</a>	An interdisciplinary group of clinicians and scholars dedicated to providing comprehensive clinical services to children with autism spectrum disorders and their families.

Level of Care: Natural Supports and Community Resources (non-MA funded services)			
Provider	Address	Phone	Other Pertinent Information
NAMI Cumberland/Perry	Taylor P. Andrews, P.O. Box 527, Carlisle, PA 17013	717-243-0123 717-243-1645	Support for parents/loved ones of those with mental health issues.

Parents Anonymous of Central PA	3700 Vartan Way, Harrisburg, PA 17110	717-541-0828 or 1-800-984-9923	Support and education for parents who are overwhelmed and frustrated.
Family Support Group	2001 North Front St, Building 1, Suite 316, Harrisburg Pa 17102	717-258-4361 or 1-800-232-3125x21	
Perry County Family Center	Mulhollem Center, Route 34 Po Box 673, Bloomfield Pa 17068	New 717-582-3656	Parents welcomed, no support groups at this time.
Bipolar/Depression Support Group	Mental Health Association, 3 Crossgates Drive, Suite 120, Mechanicsburg Pa 17055	717-796-0601 or 1-800-394-6363	For family/friends and those diagnosed.
CHADD of Harrisburg	4501 Ethel St, Harrisburg PA	<a href="http://www.chadd.net">www.chadd.net</a>	ADHD support group. Check website for updated group time/location
MOMSTELL	P.O. Box 450, Mechanicsburg, PA 17055	717-795-9753 <a href="http://www.momstell.com">www.momstell.com</a>	Support for parents who have children involved with drugs.
Cumberland/Perry Association for Retarded Citizens	P.O. Box 386, Carlisle Pa 17013	717-249-2611	Support for parents of children with mental / learning issues.
Parents of Challenging Kids	JFS, 3333 N. Front Street, Harrisburg, PA 17110	717-234-8258	Parents come together to share stories, issues, and resources.
Parent Support Group of Cumberland/Perry County	Perry Cumberland Association for Retarded Citizens, P.O. Box 386, Carlisle, PA 17013	717-249-2611	Provides emotional support and information to families of children and adults with mental retardation
Family/Parent Support Group	Perry Human Services, P.O. Box 436, New Bloomfield PA 17068	717-582-8703	Support for parents/family of those abusing drugs or alcohol. Meets 2nd Monday of each month at 7:30 p.m.
Teen Support Group	Perry Human Services, P.O. Box 436, New Bloomfield PA 17068	717-582-3694	Support for teens wanting to be drug/alcohol free. Meets 4th Monday of every month at 7:00 p.m.
Parent Support Group for Children With Severe Behaviors (RAD)	Jewish Community Center, 3301 North Front Street, Harrisburg, PA 17110	717-856-1750	<a href="http://www.attachmentandhealing.com">www.attachmentandhealing.com</a>
Life Management Association	Lancaster, PA	1-800-327-7770	Attachment, Bonding, RAD
Central PA RAD Support	Chambersburg, PA	<a href="mailto:kat_mellott@comcast.net">kat_mellott@comcast.net</a>	For Families of Natural, adopted and foster care.
RAD Support Group	Central Pennsylvania	717-235-1885 or 717-273-5259	Attachment, Bonding, RAD
Cumberland Cares	16 West High Street, suite 100, Carlisle PA 17013	1-888-697-0371, x10	Cumberland Cares is designed to help you find answers and solutions to your questions and concerns about your children and you.
West Shore Parents Support Network	Christian Life Assembly, Room 323, 2645 Lisburn Rd., Camp Hill, PA 17011	717-938-2344 or 717-766-8705	<a href="mailto:wspsn@yahoo.com">wspsn@yahoo.com</a>
PA Parents and Caregivers Resource Network	PO Box 4336, Harrisburg Pa 17111	1-888-572-7368 or 717-561-0098	Statewide cross-disability group that supports parents and caregivers, helps families form local groups and network with other parents.

Parents of Addicted Kids	Trinity United Methodist Church, 210 West Main Street, Hummelstown, PA 17036	717-566-6438	
PA Tourettes Syndrome Association		1-800-990-3300 or 717-337-1134	Advocates will do IEP for any child diagnosed with tourettes in any county in PA.
Parent Connections	UCP Central PA, 44 South 38 <sup>th</sup> Street, Camp Hill, PA 17011	717-975-0611	Offers parent mentors to parents of children with disabilities from birth to age 21, advocacy, support
Down Syndrome Parent Support	Cumberland, Dauphin, and Perry Counties	717-770-2255	
Head Back Support Group	Chambersburg Hospital, 112 North 7 <sup>th</sup> Street, Chambersburg, PA 17201	717-263-0192	Support group for those who suffer any kind of brain trauma and their loved ones.
Perry County Down Syndrome	1322 Ridge Road, Liverpool, PA 17045	717-444-3325	Support group for parents, periodical outings and events
Parent/Family Support Groups Perry County	Perry Human Services, New Bloomfield, PA 17068	717-582-8703	
Alcoholics Anonymous	1251 S. 19th Street, Suite C, Harrisburg, PA 17104	717-234-5390	
Alcoholics Anonymous	P.O. Box 1453, Carlisle, PA 17013	1-888-930-4589	
Pennsylvania Recovery Organizations Alliance	900 S. Arlington Avenue, Harrisburg, PA 17109	717-545-8929 or 1-800-858-6040	<a href="http://www.pro-a.org/">http://www.pro-a.org/</a>
The RASE Project	1820 Linglestown Rd., Suite 101, Harrisburg, PA 17110	717-232-8535	Recovery, Advocacy, Service & Empowerment
Highmark Caring Place	3 Walnut Street, Suite 200, Lemoyne, PA 17043	1-866-613-4673	Provides services for children dealing with death and loss.
Big Brother Big Sisters of the Capital Region	1500 N. Second Street, Harrisburg, PA 17102	717-236-0199	
Big Brothers Big Sisters of the Greater Carlisle Area		717-258-4417	
YMCA	700 YMCA Drive, New Cumberland, PA 17070	717-774-0281	
Council for Exceptional Children Lebanon Valley College	101 North College Avenue, Annville, PA 17003	717-867-6389	Largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/ or the gifted. Www.cec.sped.org/AM/Template.cfm?Section=About_CEC

Parents for Amazing Children	The Live Well Center 3 Alexandra Court Carlisle, PA 17015	<p>Open forum for parents to talk about topics of their choice. Group meets the last Friday of every month from 6:30 to 8:00 p.m. in The Live Well Center Conference Room (across the street from the Hospital). Jan 28, Feb 25, March 25, April 29, May 27, June 24, July 29, August 26, Sept 30, Oct 28, Nov 25, Dec 30</p> <p>Nicole Cekovich (717) 602-2554 or ncekovich@gmx.com</p>
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#### Interpreter/Translation Services (non-MA funded services)

Provider	Address	Other Pertinent Information
Billings Bilingual, LLC	<a href="mailto:billings.dan@gmail.com">billings.dan@gmail.com</a>	Spanish interpreter that has contacts with 20 other language translators
Exact Communications	120 South Street, Harrisburg, PA 17101 Phone: 717-232-9228	<a href="http://www.exactcommunication.com">www.exactcommunication.com</a>
Language Line	1-800-752-6096 or <a href="http://www.language.com">www.language.com</a>	Language interpretation and document translation for business and/or health care providers. Agencies must sign/develop individual agreement with Language Line.

#### Level of Care: Local/National Hotlines (non-MA funded services)

Provider	Phone	Other Pertinent Information
Teenline	1-800-722-5385	
Alcohol Abuse	1-800-577-6993	
Cocaine Abuse	1-800-264-1659	
Emotions Anonymous	1-651-647-9712	
Focus on Recovery	1-800-234-0420	
Families Anonymous	1-800-736-9805	
Head Start	1-800-750-8002	
YWCA Rape Crisis	1-800-654-1211	
Gamblers Anonymous	1-213-386-8789	
Domestic Violence	1-800-852-2102	
Overeaters Anonymous	1-505-891-2664	
Narcotics Anonymous	1-818-773-9999	
Sex Addicts Anonymous	1-800-477-8191	
Special Education Consult Line	1-800-879-2301	
Domestic Violence of Cumb/Perry County	1-800-852-2102	

Contact Helpline	1-800-932-4616	For Adams/Cumberland/Dauphin/Franklin/Perry County
Special Kids Network (SKN)	1-800-986-4550 1-877-232-7640	Toll-free helpline for Pennsylvania's children with special health care needs and their families.

Level of Care: Websites/Additional Information (non-MA funded services)		
Provider	Website	Other Pertinent Information
American Self Help Group Clearinghouse	<a href="http://www.selfhelpgroups.org/">http://www.selfhelpgroups.org/</a>	A searchable database of support groups for many issues including addictions and mental health disorders.
ARC Pennsylvania	<a href="http://www.thearcpa.org/">http://www.thearcpa.org/</a>	Provides support to people with mental retardation.
Bazelon Center for Mental Health Law	<a href="https://www.bazelon.org/">https://www.bazelon.org/</a>	A non-profit legal organization offering advice for people with a mental health diagnosis..
Gift From Within	<a href="https://www.giftfromwithin.org/">https://www.giftfromwithin.org/</a>	Site designed to offer support for those with PTSD.
National Organization on Fetal Alcohol Syndrome	<a href="http://www.nofas.org/">http://www.nofas.org/</a>	Focuses on support and prevention of fetal alcohol syndrome.
PA-Co-Occurring.org	<a href="https://www.pa-co-occurring.org/index.php">https://www.pa-co-occurring.org/index.php</a>	Provides resources and information related to co-occurring mental health and substance abuse disorders.
Pennsylvania Health law Project	<a href="http://www.phlp.org/">http://www.phlp.org/</a>	Provides advice to individuals (low-income, elderly, person with a disability) on how to access health-care.
Center for Mental Health Services	<a href="http://mentalhealth.samhsa.gov">http://mentalhealth.samhsa.gov</a>	Provides information about mental health diagnoses.
YWCA of Dauphin County	<a href="http://www.ywcahbg.org/">http://www.ywcahbg.org/</a>	
CASANA- The Childhood Apraxia of Speech Association of North	<a href="http://www.apraxia-kids.org/">www.apraxia-kids.org/</a>	To strengthen the support systems in the lives of children with apraxia, so that each child has their best opportunity to develop speech.
Health Science Educational Activities	<a href="http://www.learntobehealthy.org">www.learntobehealthy.org</a>	Website with plenty of healthy information and games for kids. Sponsored by Susan P. Byrnes Health Education Center and Highmark Blue Shield.
Developmental Delay Resources (DDR)	<a href="http://www.devdelay.org">www.devdelay.org</a>	A non-profit organization dedicated to meeting the needs of those working with children who have developmental delays in sensory motor, language, social and emotional areas.
Disability Law Project of Pennsylvania (DLP)	<a href="http://www.ucld.org:8080/ucld/public/ucld-service-details.tdf?ServiceRequestStatusCode=3&amp;ServiceID=69">http://www.ucld.org:8080/ucld/public/ucld-service-details.tdf?ServiceRequestStatusCode=3&amp;ServiceID=69</a>	A non-profit Pennsylvania law firm that provides free legal assistance to people with disabilities, their families, and their organizations.
Disability Rights Network of PA (DRN)	<a href="http://www.drnpa.org">www.drnpa.org</a>	Designated as the federally-mandated organization to advance and protect the civil rights of all adults & children with disabilities. Works with disabled persons & their families to ensure their rights to live in their communities is protected.
Education Law Center	<a href="http://www.elc-pa.org">www.elc-pa.org</a>	Provides help with educational questions and publications.

Institute on Disabilities	<a href="http://disabilities.temple.edu/">http://disabilities.temple.edu/</a>	In partnership with people with disabilities, families and allies from diverse cultures, we work to change systems so that people can live, learn, work and play in the communities of their choice.
MHAPA Children's News	<a href="http://www.pachildrensnews.org">www.pachildrensnews.org</a>	Provides information on children's mental health issues in PA- advocacy efforts, events, policy, etc.
National Institute of Mental Health (NIMH)	<a href="http://www.nimh.nih.gov/healthinformation/autismmenu.cfm">www.nimh.nih.gov/healthinformation/autismmenu.cfm</a>	Reducing the burden of mental illness and behavioral disorders through research on mind, brain, and behavior.
The Trevor Project	866-488-7386 <a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a>	Helpline for youth and young adults dealing with sexually identity issues.
Starfish Advocacy Association	<a href="http://www.starfishadvocacy.org">http://www.starfishadvocacy.org</a>	Provides information for families of children w/ neurological disorders.
Governor's Commission for Children and Families	<a href="http://www.pachildren.state.pa.us">http://www.pachildren.state.pa.us</a>	List of Advocacy Resources, Parent Guides, Health & Human Services.
Off we go! Going to the dentist	<a href="http://www.offwego.ie/">http://www.offwego.ie/</a>	The Off we go! Going to the dentist book and app can help eliminate a child's fear of the dentist
Parent Education Network (PEN)	<a href="http://www.parentednet.org">www.parentednet.org</a>	Provides advocacy help, training and publications to PA parents of special needs children.
Parent Involved Network of Pennsylvania (PIN)	<a href="http://www.pinofpa.org">www.pinofpa.org</a>	Organization that assists parents or caregivers of children and adolescents with emotional and behavioral disorders.
Parent to Parent/ The Special Kids Network of PA	<a href="http://www.parenttoparent.org/">www.parenttoparent.org/</a>	Linking families of children and adults with disabilities and special needs.
Pennsylvania - DPW- Medical Assistance for Children with Disabilities	<a href="http://www.dpw.state.pa.us/OMAP/">www.dpw.state.pa.us/OMAP/</a>	Medical Assistance has the broadest coverage of medical and mental health services for persons under 21 or any insurance plan.
Pennsylvania Families, Inc Statewide Family Network	<a href="http://www.pafamiliesinc.com/about.cfm">www.pafamiliesinc.com/about.cfm</a>	Supports groups, advocates, parent mentors and organizations that assist families who are raising children with emotional or behavioral disorders. Provides lists of supports for parents & providers available in county/region/state.
Speaking for Ourselves (SFO)	<a href="http://www.speaking.org/index.html">www.speaking.org/index.html</a>	The agency provides and organizes leadership development and self-advocacy skills and awareness. As members take on leadership roles, they teach the public about the needs, wishes and potential of people with disabilities.
Lesbian, Gay, Bisexual, Transgender Youth Resource Website	<a href="http://www.tapartnership.org/COP/CLC/websites.php?id=topic8#content8">http://www.tapartnership.org/COP/CLC/websites.php?id=topic8#content8</a>	This website contains links and descriptions of more than 30 websites related to LGBT children/youth and their families as well as three national telephone help lines.
PaHealthInfo.org	<a href="http://pahealthinfo.org/autism_home.cfm">http://pahealthinfo.org/autism_home.cfm</a>	A source for finding trusted health information on the web. Part of the website provides information and resources concerning autism spectrum disorders and other developmental disorders and delays.
SAMHSA Substance Abuse and Mental Health Services Administration	<a href="http://www.samhsa.gov/index.aspx">www.samhsa.gov/index.aspx</a>	SAMHSA has sharply focused on its mission on building resilience and facilitating recovery for people with or at risk for mental or substance use disorders.



Wrightslaw	1-800-541-0734 or <a href="http://www.wrightslaw.com">www.wrightslaw.com</a>	Provides accurate, reliable info about special education law, and advocacy for children with disabilities. It has thousands of articles, cases and free resources.
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#### Child/Adolescent Services System Program (CASSP) Principles

**Child-centered:** Services are planned to meet the individual needs of the child, rather than to fit the child into an existing service. Services consider the child's family and community contexts, are developmentally appropriate and child-specific, and build on the strengths of the child and family to meet the mental health, social and physical needs of the child.

**Family-focused:** Services recognize that the family is the primary support system for the child. The family participates as a full partner in all stages of the decision-making and treatment planning process, including implementation, monitoring and evaluation. A family may include biological, adoptive and foster parents, siblings, grandparents and other relatives, and other adults who are committed to the child. The development of mental health policy at state and local levels includes family representation.

**Community-based:** Whenever possible, services are delivered in the child's home community, drawing on formal and informal resources to promote the child's successful participation in the community. Community resources include not only mental health professionals and provider agencies, but also social, religious, cultural organizations and other natural community support networks.

**Multi-system:** Services are planned in collaboration with all the child-serving systems involved in the child's life. Representatives from all these systems and the family collaborate to define the goals for the child, develop a service plan, develop the necessary resources to implement the plan, provide appropriate support to the child and family, and evaluate progress.

**Culturally competent:** Culture determines our worldview and provides a general design for living and patterns for interpreting reality that are reflected in our behavior. Therefore, services that are culturally competent are provided by individuals who have the skills to recognize and respect the behavior, ideas, attitudes, values, beliefs, customs, language, rituals, ceremonies and practices characteristic of a particular group of people.

**Least restrictive/least intrusive:** Services take place in settings that are the most appropriate and natural for the child and family and are the least restrictive and intrusive available to meet the needs of the child and family.

\*\*\*Please note that the information presented above does not capture every service available in Cumberland or Perry County. For a complete list of natural supports and community resources in your area please contact Cumberland/Perry MH/MR/EI at 717-240-6320 or 1-888-697-0371.

\*\*\*Additional resources in Cumberland and Perry Counties can be found by visiting the Pennsylvania Families Incorporated Website at <http://www.pafamiliesinc.com/about.php>.